**Sign of the Cross**

In the name of the Father, and the Son, and the Holy Spirit. Amen

**Lord’s Prayer**

Our Father, who art in heaven,  
hallowed be thy name.  
Thy Kingdom come,   
thy will be done,   
on earth as it is in heaven  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those

who trespass against us.   
And lead us not into temptation,   
but deliver us from evil. Amen.

**Glory Be to the Father**

Glory be to the father, and to the son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen

**Hail Mary**

Hail Mary, full of grace,

The Lord is with you.

Blessed are you among women,

And blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,

Pray for us sinners, now and at the hour of our death. Amen

**Prayer to My Guardian Angel**

Angel of God, my guardian dear,  
To whom God's love, commits me here,  
Ever this day, be at my side, to light and guard, rule and guide. Amen.

**Act of Contrition**

Loving God,

I am sorry for my sins with all my heart.

In choosing to do wrong

and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend, with your help,

to do penance,

to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ

suffered and died for us.

In His name, my God, have mercy.

**Morning prayer**

God, Our father,

I offer you today

all that I think and do and say.

I offer it with what was done on earth

by Jesus Christ, your son. Amen.

**Prayer before Meals**

Bless us,

O Lord, and these gifts

Which we are about to receive

from your goodness.

Through Christ our Lord. Amen.

**Grace After Meals**

We give you thanks,

Almighty God, for all your benefits.

You live and reign now and forever. Amen

**Nicene Creed**

**I believe** in one God, the Father almighty, maker of heaven and earth, of all **things visible and invisible**.  
**I believe** in one Lord Jesus Christ, the Only **Begotten** Son of God,  
**born** of the Father **before all ages**.  
  
God from God, Light from Light, true God from true God,  
begotten, not made, **consubstantial with the Father**; through him all things were made.  
For us men and for our salvation he came down from heaven, **and** by the Holy Spirit **was incarnate** of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate, he **suffered death** and was buried, **and rose again on the third day** in **accordance** with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.  
  
**I believe** in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, **who** with the Father and the Son **is adored** and glorified, **who** has spoken through the prophets.  
**I believe** in one, holy, catholic and apostolic Church.

**I confess** one baptism for the forgiveness of sins and **I look forward to** the resurrection of the dead and the life of the world to come. Amen.

**Seven Sacraments**

Baptism

Confirmation

Holy Eucharist

Reconciliation

Anointing of the Sick

Marriage

Holy Orders

**Ten Commandments**

[I am the Lord your God](http://studybible.info/AKJV/Exodus%2020:2); [you shall not have strange gods before me.](http://studybible.info/AKJV/Exodus%2020:3)

[You shall not take the name of the Lord your God in vain.](http://studybible.info/AKJV/Exodus%2020:7)

[Remember to keep holy the Lord's day](http://studybible.info/AKJV/Exodus%2020:8).

[Honor your father and your mother.](http://studybible.info/AKJV/Exodus%2020:12)

[You shall not kill.](http://studybible.info/AKJV/Exodus%2020:13)

[You shall not commit adultery.](http://studybible.info/AKJV/Exodus%2020:14)

[You shall not steal.](http://studybible.info/AKJV/Exodus%2020:15)

[You shall not bear false witness against your neighbor.](http://studybible.info/AKJV/Exodus%2020:16)

[You shall not covet your neighbor's wife.](http://studybible.info/AKJV/Exodus%2020:17)

[You shall not covet you neighbor's goods.](http://studybible.info/YLT/Exodus%2020:17)

**Act of Faith, Hope, and Love**

Jesus, I believe in you.

Jesus, I hope in you.

Jesus, I love you.