



# Mass Appeal

Why liturgy is important



# Liturgy - Source and Summit

- The liturgy is the summit toward which the activity of the Church is directed, at the same time it is the fount from which all the Church's power flows (*Sacred Constitution on the Liturgy*, no. 10)



# Participation

- The Church earnestly desires that all the faithful be led to that full, conscious, and active participation in liturgical celebrations called for by the very nature of liturgy. Such participation by the Christian people as “a chosen race, a royal priesthood, a holy nation, God’s own people” is their right and duty by reason of their baptism.”

*(Sacred Constitution on the Liturgy 14)*



# Liturgy is ...

## The work of the People

- Purposeful action-full active and conscious participation
- Incarnational nature of worship through our bodies
- People in love make signs of love, not only to express their love but also to deepen it. (kiss, an embrace)



# Mass Appeal

- To communicate is to make common to many: to share, exchange, convey, impart, confer, converse, transmit, bestow, receive, participate, use, enjoy, to put oneself into familiar relations with.

# What we do as Catholics







# Do in common

- A common posture, to be observed by all participants, is a sign of the unity of the members of the Christian community gathered for the Sacred Liturgy: it both expresses and fosters the intention and spiritual attitude of the participants.  
(GIRM no. 42)





# Postures

- Interior disposition expressed outwardly
- Part of sacramental system- Visible signs of invisible grace



# Participate with our Body

- The human body, in its occupation of space, communicates much without words.
- The human body is the most basic language the liturgy speaks.

# Standing



# Standing

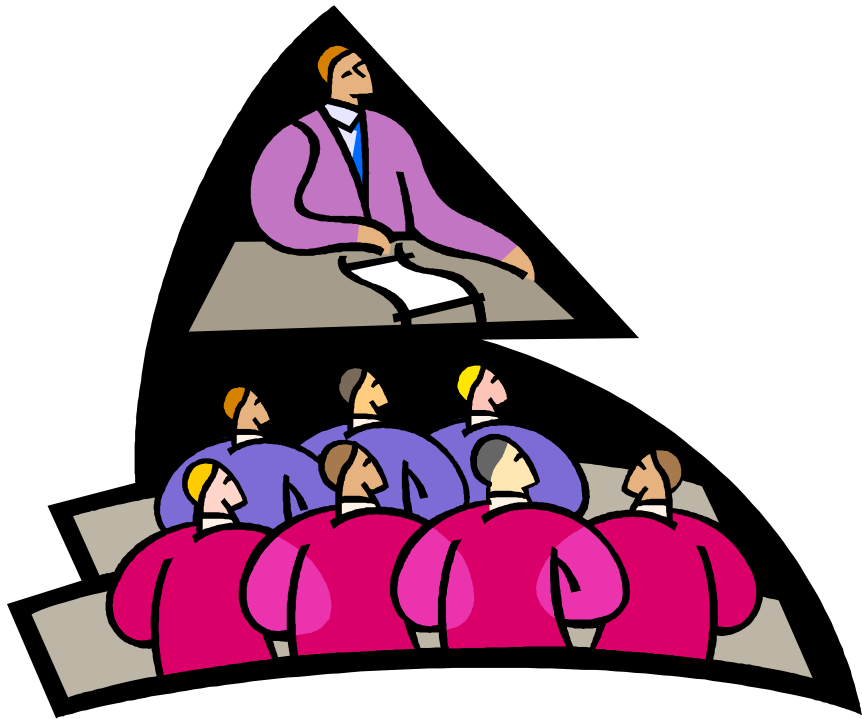


Pilgrim People



Resurrection People

● ● ● | Sitting



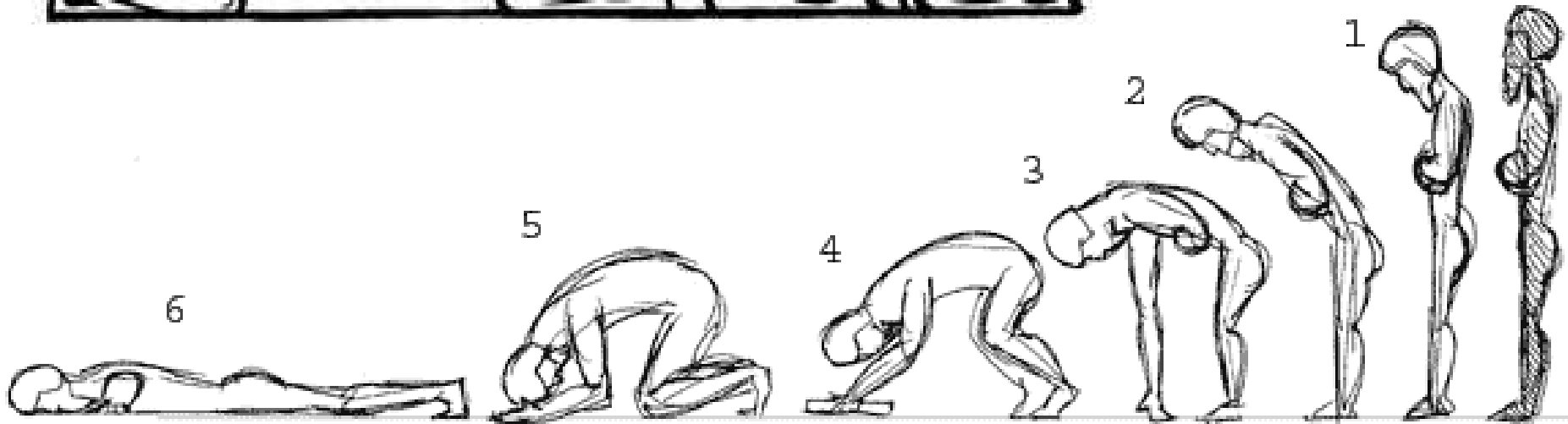
# Sitting



# Bowing



# Bowing



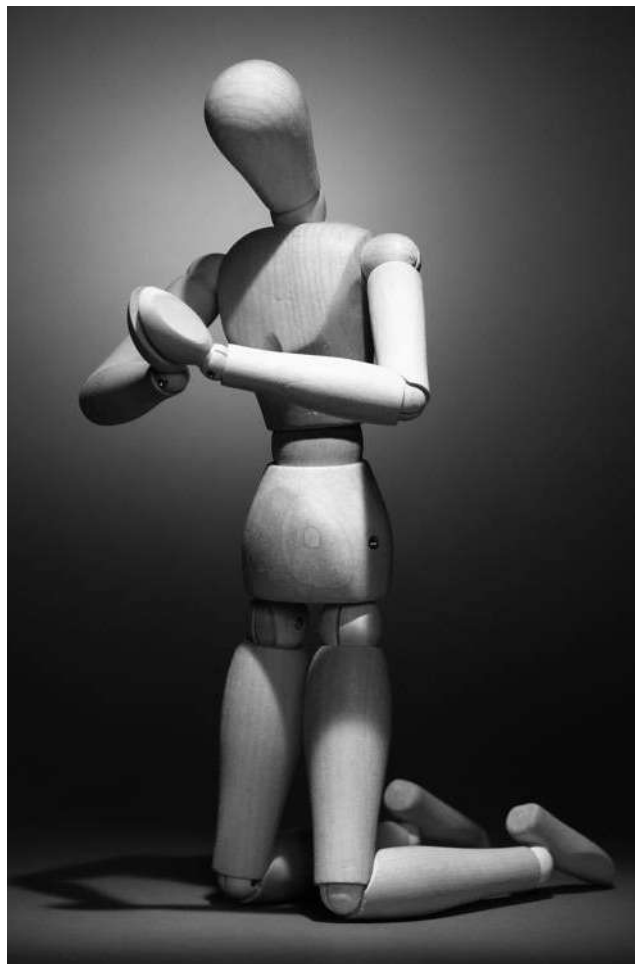
Different degrees of bowing in Eastern Orthodoxy



● ● ● | Bowing



# Kneeling



# Kneeling



# Genuflecting



# Prostration





# Gestures

- Sign of Cross
- Kissing the Altar
- Triple cross before the Gospel
- Sign of Peace

# ● ● ● | Laying on of Hands





# Participate with Words and Song

- Active participation means responding and singing.
- Very nature of Liturgy demands it





# Dialogue

- Dialogue between people and President
- Dialogue between people and God

# Singing



**When you sing you pray twice**



# Head and heart

- Liturgy involves all of us, our voices, our body in posture and our minds so that what we do and what we are called to be may sink into our hearts.



# What's new – Confiteor

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault, through my fault,  
through my most grievous fault;

*Then they continue:*

therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.



# What's new - Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,



# What's new

*At the words that follow up to and including and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.



# What's unique for us

*After the Preparation of the Altar and the conclusion of the priest washing his hands*

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people rise and reply:*

May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.

*At Christ Our Savior Cathedral Parish we stand for  
the Eucharistic Prayer since we have no kneelers*



# What's unique for us

*TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.*

*Priest shows the consecrated host to the  
people, places it again on the paten,  
and genuflects in adoration.*

*Since we are standing, we make a  
profound bow in adoration*





# What's new

## Dismissal

Go forth, the Mass is ended.

*Or:* Go and announce the Gospel of the Lord.

*Or:* Go in peace,  
glorifying the Lord by your life.

*Or:* Go in peace.